

## Kirsten Hänle

<https://www.humorkom.de/extras/humor-vortraege.html>

### 1st Topic of Interactive Talk/Presentation:

#### The Change of Perspective: Key Factor in Intercultural Settings

We increasingly work, socialise and interact with people of different cultural backgrounds. Have you also failed miserably in the past and put your foot right in it? It's a big challenge to move successfully in an intercultural setting. Diverse cultural worlds are severely colliding and stereotypes and prejudices arise in this context.

Intercultural competence is an important asset for the successful interaction between colleagues, customers, suppliers, friends or acquaintances. It helps to step back and take a look at your own cultural patterns from another angle.

Humor can be supportive in intercultural situations. It can improve the communication if it is used respectfully and with caution. Be careful with jokes! It's not about acting as a comedian. It's about a playful, natural interaction. Humor increases the flexibility and creates new views within intercultural relationships. A change of perspective can make us smile and relieve stress between colleagues of different backgrounds.

You will surely have to smile listening to the stories that vividly describe the diverse failures occurring in an intercultural environment. We'll highlight the change of perspective as the key factor in uncertain intercultural settings. You will learn basic humor strategies to develop a positive attitude in intercultural encounters.

DURATION: 60-90 minutes

SPEAKER: Kirsten Hänle

Kirsten Hänle is a certified HumorKom® Humor Trainer/Humor Coach. She gives international workshops and interactive presentations in English and German. She lived and worked 10 years in the United States and The Netherlands. Her international experience made her sensitive to other cultures and sharpened her ability to see things from different angles and to stay confident in uncertain situations. Kirsten has a Bachelor degree in International Business Studies. She worked in sales and marketing for many years and experienced how demanding and stressful work life can be. During her further education as a Humor Trainer she learned how her personal sense of humor can strengthen her in difficult situations. To develop her own humor skills she also completed a training as a Clown and Comedy Actor. Kirsten works with different training methods and tools to stimulate the individual sense of humor of the participants. She motivates them to use this experience in their daily intercultural (work) life. Kirsten is the mother of four kids, born in Germany, the Netherlands and the USA. In her free time she enjoys outdoor activities, sings in a choir and spends time with her family and friends.